



FOR YOUTH DEVELOPMENT
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Y IN THE NEWS

YMCA OF CENTRAL FLORIDA

Maryalicia Johnson
Director of Media Relations,
407 448 2484
maj@cfymca.org

LATEST NEWS UPDATE

August 20, 2010

Making the water safe, fun, and accessible to everyone in Central Florida is a top priority for the YMCA of Central Florida. Because of our many swimming pools, kids, adults and families across Central Florida look to the YMCA for all things aquatic – swimming lessons, swim teams, water fitness, and just plain fun. The YMCA is proud of the significance that YMCA Aquatics programs have in our community, and known as Central Florida's Swim Coach.

That's why today, we'd like to share with you some of the ways the YMCA is strengthening aquatics and making a better community for kids, families and neighbors.

FOR YOUTH DEVELOPMENT

WKMG Urges Parents to Make Water Safety a Priority

WKMG Local 6 - Editorial - May 2010

Skip Valet, Vice President and General Manager of WKMG Local 6, speaks about the importance of water safety and how YMCA of Central Florida swim programs can make an impact. The American Academy of Pediatrics updated their guidelines on water safety and drowning prevention to include the recommendation of children ages 1 to 3 for swim lessons. ([view article](#))



FOR HEALTHY LIVING

Wayne Densch YMCA on Front Lines of Fight Against Kids' Obesity

Orlando Sentinel - May 19, 2010

Florida State Representative Geraldine Thompson, D-Orlando, toured the Wayne Densch YMCA to learn how the center is fighting childhood obesity. During the Downtown Orlando YMCA's month-long health challenge "Get Moving Downtown", they hosted a Healthy Happy Hour. ([view article](#))



FOR SOCIAL RESPONSIBILITY

Marion County YMCA Donor Makes A Difference

Ocala Style - May 2010

With the help of volunteers and business leaders like donor Frank Deluca, the Marion County YMCA can be available to everyone, no matter their financial circumstance. The YMCA of Central Florida has made water safety a priority with over 100 years. Through programs like Safe Start and the updated guidelines from the American Academy of Pediatrics, children as young as 6 months can be safe around the water. ([view video](#))



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433 N. MILLS AVE., ORLANDO, FL 32803
407 896 9220
CENTRALFLORIDAYMCA.ORG

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